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SEC**

**WASH YOUR  
HANDS OFTEN**

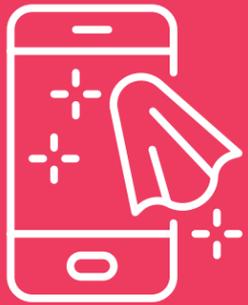


**WEAR A MASK**

Wear a cloth covering over your nose and mouth when in public spaces and when social distancing is not possible.



**WEARING A MASK IS *REQUIRED* TO ENTER AND USE ALL PUBLIC SPACES ON CAMPUS.**



**CLEAN  
SURFACES &  
OBJECTS**



**STAY  
SIX FEET  
APART**



**COVER YOUR  
COUGHS &  
SNEEZES**



**AVOID CROWDS & PARTIES**

Social situations make the virus spread easily. Spend time with those in your household, like your roommates.



**AVOID  
TOUCHING  
YOUR FACE**



**STAY HOME  
IF YOU FEEL  
SICK**

**Student Health Center:  
(719) 389-6384**



**COLORADO  
COLLEGE**

**Reduce the risk. Slow the spread. Care for CC.**

**Note:** Reducing the risk of a COVID-19 outbreak on the CC campus will take all community members practicing social responsibility. Those in violation of college safety and conduct policies may face severe consequences, including suspension, expulsion, termination, and/or removal from campus.



# WEAR A MASK

**WEARING A MASK IS REQUIRED TO ENTER  
AND USE ALL PUBLIC SPACES ON CAMPUS.**

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COVID-19 spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, talks, or raises their voice (e.g., while shouting, chanting, or singing). These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

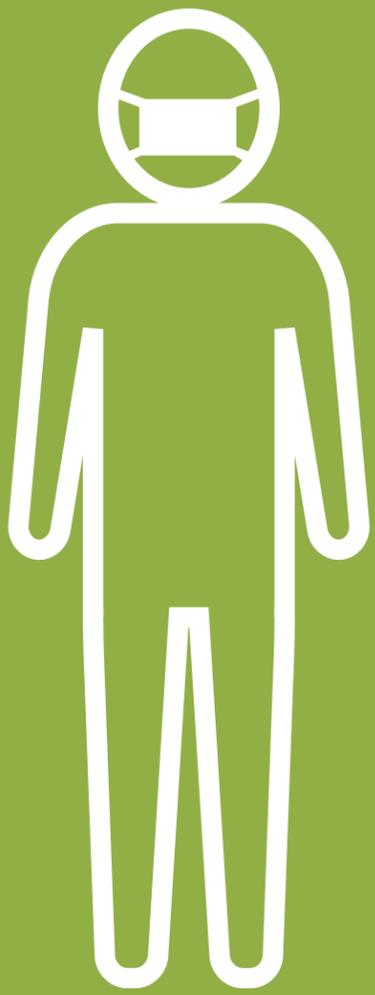
Masks can help prevent the spread of COVID-19 and the more people wearing masks, the better. You wearing a mask helps prevent spreading the virus to others. Others wearing a mask helps prevent them from spreading the virus to you.

- Make sure the mask covers your nose and mouth
- If you don't have a mask, use a woven cloth that fits snugly across your face, like a bandanna
- Wash your mask often and don't share your mask with others
- Don't wear your mask on your forehead or your neck
- Avoid touching the mask when wearing it and wash your hands immediately before putting on your mask and after removing it
- Practice good hygiene and avoid crowds
- If you feel sick, seek medical help, avoid contact with others, and self-isolate:  
**Student Health Center: (719) 389-6384**
- All members of the Colorado College community must adhere to Colorado state and local public health orders, regardless of place of residence
- **The good news? You are in control. Keep your distance, wear a mask, wash your hands, and help others do the same.**

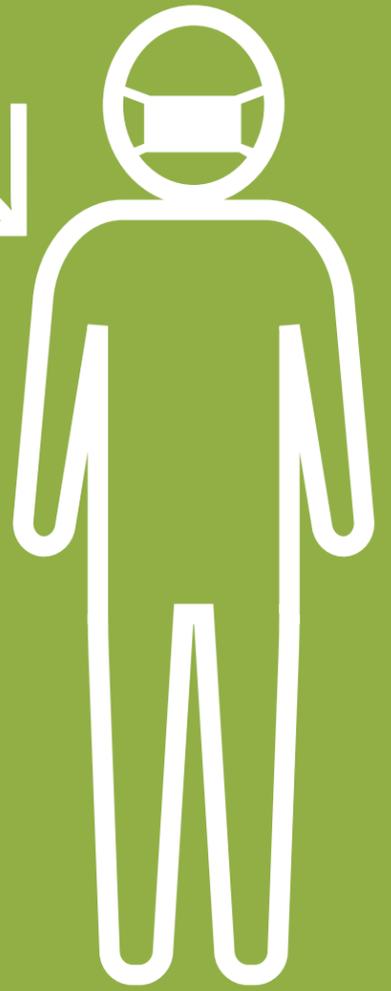


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↖ **STAY  
SIX FEET  
APART** ↘



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Social distancing, also called “physical distancing,” means keeping a safe space between yourself and other people who are not from your household.

To practice social or physical distancing, stay at least **six feet** (about two arms’ length) from other people who are not from your household in both indoor and outdoor spaces.

Social distancing should be practiced in combination with other everyday preventive actions to reduce the spread of COVID-19:

- Wear cloth face coverings over your nose and mouth
- Avoid touching your face with unwashed hands
- Wash your hands frequently with soap and water for at least 20 seconds
- If you feel sick, seek medical help, avoid contact with others, and self-isolate:  
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# WASH YOUR HANDS OFTEN

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Wash your hands often with soap and water **for at least 20 seconds** especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry. Avoid touching your eyes, nose, and mouth with unwashed hands.

It's especially important to wash:

- Before eating or preparing food
- Before touching your face
- After using the restroom
- After leaving a public place
- After blowing your nose, coughing, or sneezing
- After handling your cloth face covering
- After changing a diaper
- After caring for someone who is sick
- After touching animals or pets

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# AVOID CROWDS & PARTIES

Socializing in larger groups, gathering indoors, and longer duration of gatherings increase your risk of getting infected with the coronavirus. Drinking alcohol lowers inhibitions and makes it less likely that people stick to wearing masks and keeping their distance. Plus party-goers end up talking loudly, which only increases the chance of spreading respiratory droplets that may contain the virus. Try lower-risk alternatives such as spending time with a friend or two outdoors, socially distanced and masked.

- Avoid close contact with people who are sick
- **At home:** if possible, maintain six feet between the person who is sick and other household members
- **Outdoor/public spaces:** put six feet of distance between yourself and people who don't live in your household
- Roommates are considered a "household" and therefore may be together
- Remember that people without symptoms can spread the virus
- Keeping distance from others is especially important for people who are at higher risk of getting very sick
- All social gatherings of more than 10 individuals, on or off campus, are prohibited
- Students approved to be on campus are not allowed to host guests
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